

**ENSURE SCENE  
IS SAFE**

**CALL  
999**

**FOLLOW  
STEPS**

**ACT  
CALMLY**

**RED**



**2x TRAUMA WOUND DRESSINGS  
COVER & COMPRESS**

**BLUE**



**2x HAEMOSTATIC DRESSING  
PACK/PLUG WOUND**

**YELLOW**



**TOURNIQUET  
WRAP ON ARM/LEG**

**FOLLOW STEPS TO REDUCE  
BLOOD LOSS:**

**1. Use mobile phone on loud speaker.  
Talk with 999 Ambulance Service.**

**2. Open kit fully. Use gloves and  
contents as required.**

**3. Identify area of bleed. Use  
shears to remove clothing  
around wound.**

**4. Use ● TRAUMA WOUND  
DRESSING.**

**APPLY DIRECT PRESSURE.  
Cover and compress.**

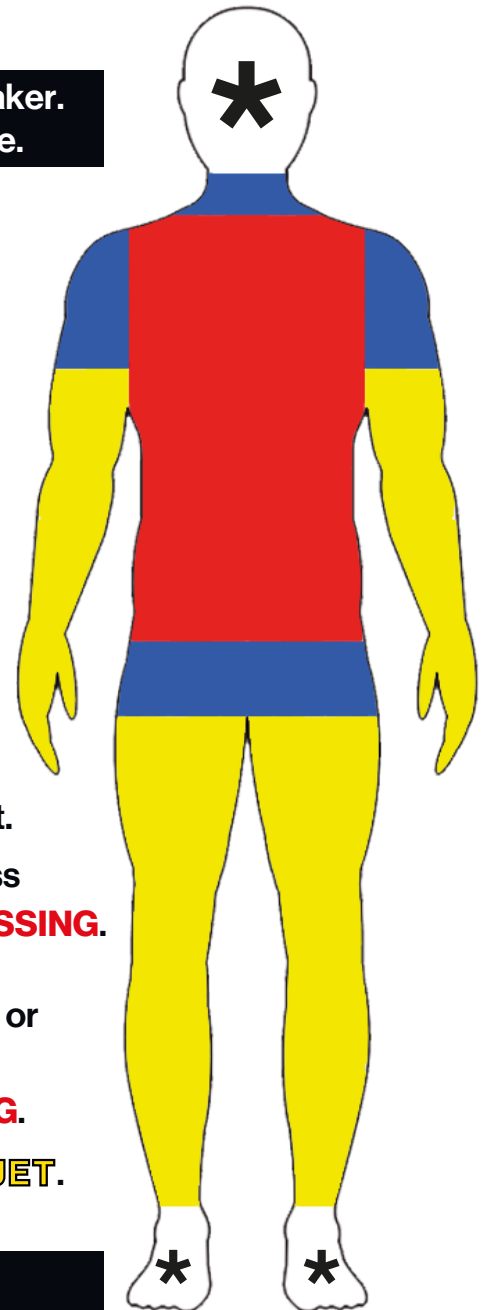
**5. Use ● HAEMOSTATIC  
DRESSING to pack junction  
regions like neck, groin or armpit.  
Plug wound. Cover and compress  
with ● TRAUMA WOUND DRESSING.**

**6. Use ● TOURNIQUET on leg or  
arms. Cover and compress with  
● TRAUMA WOUND DRESSING.**

**DO NOT remove ● TOURNIQUET.**

**Follow the Ambulance Service  
instructions throughout procedure.**

**\* If head/foot injury, seek advice from  
Ambulance Service.**



**CONTINUE TO SPEAK TO  
AMBULANCE SERVICE**

**REASSURE  
PATIENT**

**WAIT FOR  
MEDICAL HELP**



**RE-ORDER**

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FOLLOW STEPS

ACT CALMLY

CONTINUE TO SPEAK TO AMBULANCE SERVICE

REASSURE PATIENT

WAIT FOR MEDICAL HELP

1. Use mobile phone on loud speaker. Talk with 999 Ambulance Service.

## QUICK REFERENCE



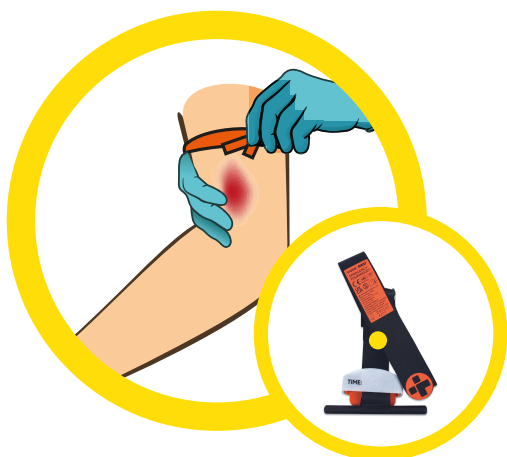
### RED AREA

APPLY AND PRESS DRESSING HARD ON WOUND



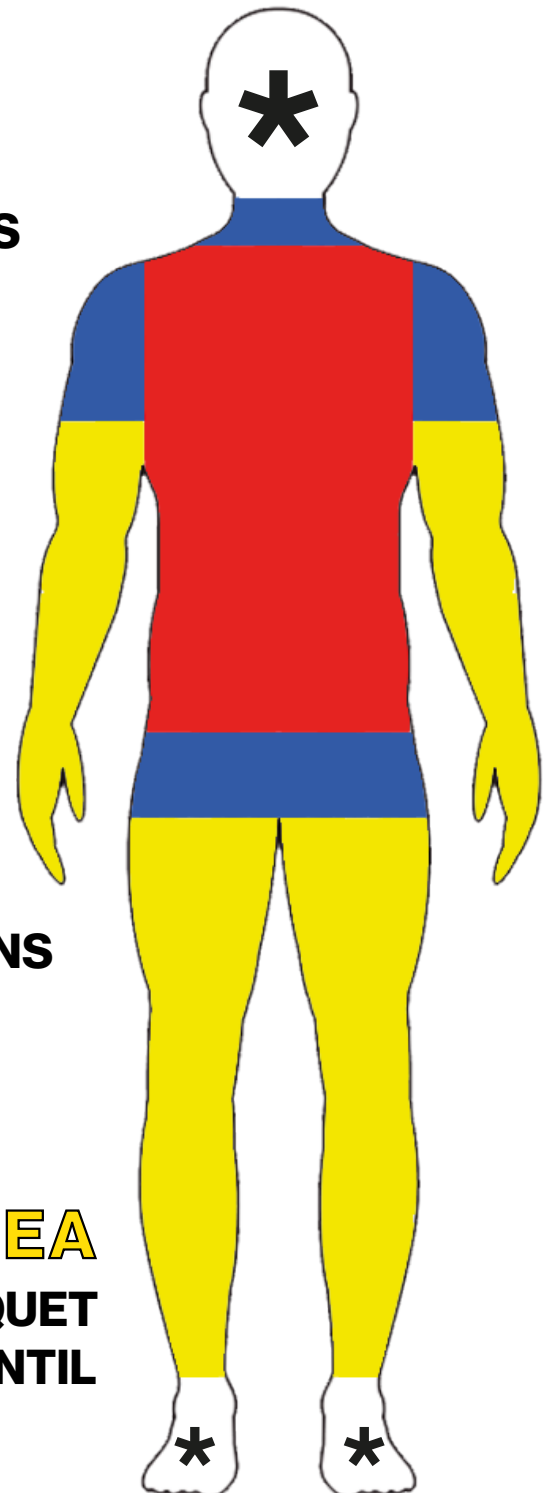
### BLUE AREA

PACK GAUZE TO WOUND. APPLY PRESURE WITH DRESSING TO JUNCTION REGIONS



### YELLOW AREA

SECURE TOURNIQUET ON ARM OR LEG UNTIL BLEEDING STOPS



**Note:** These actions will often cause the patient some pain. The priority is to control and stop the bleeding. The pain will subside and be managed when the ambulance arrives.

Follow the Ambulance Service instructions throughout procedure.